According to one aspect of the invention there is provided a messaging process for facilitating communication between a sender and a receiver, comprising the steps of:

    a)   causing processor means to receive an electronic message from a sender, the sender comprising a computer belonging to a network,

    b)   causing the processor means to process the electronic message to identify the sender, and to identify the receiver as specified by the sender, and

    c)   causing the processor means to address a communication to the receiver and to send the communication, the communication corresponding to the electronic message, the receiver comprising a mobile communications device capable of receiving the communication or a modified form of the communication and manifesting the communication or the modified form of the communication in a way which can be understood by a person using the receiver.